



What A Difference a Year Makes

As we come to the end of 2012, we take a look back on a year in our life.

The year that the world was forced to rethink its views on sexual abuse.

Finding time to even write this newsletter has been a challenge in itself (its now 11.15pm) but is too important to 'put to one side'. Since the Exposure documentary was aired in October and the following media storm erupted we have been busy answering pleas for help from boys and men across Greater Manchester, all triggered by the fact that the focus of every newspaper and TV news is on the silence of 'historic' abuse survivors. We still have another 3 months yet till the end of our financial year and already 42% more people have contacted us asking for help than in the whole of last year!

Briefly looking at our current data, 55% of those asking for help from us were referred by professionals with 34% coming from [Victim Support Manchester](#) (evidencing that partnerships really do work!), followed by 20% of referrals direct from NHS (Mental Health services, G.P's), and 16% coming respectively from HMP Prison/Probation and Manchester Social Services. Those last few figures show that collectively, 52% of our referrals have come from statutory services which will be fascinating to include in our Social Return on Investment (SROI) project that is currently underway thanks to Amelia Somerset at Zurich, via [Zurich Community Trust](#). It does make me wonder just

how much Survivors Manchester has saved the local authorities and the NHS, especially as we are the only organisation in Greater Manchester specifically supporting male survivors of sexual abuse and rape, regardless of when the trauma took place or if there is a police investigation or not. Just from looking at the support activities that have been provided by [Survivors Manchester](#), we can calculate that we have directly saved the NHS well in excess of £42,000 in counselling costs alone!

As our catchment area is Greater Manchester, its interesting for us to look at how far people are travelling for support. By far, the majority (64%) of those accessing support have come from Manchester, but we are seeing a rapid increase in boys and men from other areas of Greater Manchester getting in touch. 11% of service users reside in Salford and Tameside, 4% Bury and Stockport respectively, and the remaining service users live in the rest of Greater Manchester. Its worth noting, with interest, that it seems more boys and men living in those areas asked us for support during the major episodes of coverage of the Rochdale cases. Continuing to briefly analyse our data, we can see that those in their 30s were the most common age group as has been previously the case (which fits in with academic research) but what has been a great surprise to us is the number of Asian boys and men coming forward - **a 500% increase on last year!** But finding time to fully analyse all these statistics is like finding a needle in a haystack, but unless we analyse the data we cannot learn from it. So our next challenge is to find support to develop our database and case management system to ensure that we are able to fully evidence our activity to potential funders but equally as important, to be able to begin to address and understand the under reporting of sexual abuse and rape against boys and men.

2012 has been an incredible year for Survivors Manchester, one we certainly wont forget. We have assisted in the training of over 60 Greater Manchester Police Specially Trained Officers in dealing with male rape victims; have been one of the founder members of the UK Sexual Violence Forum at the Home Office; delivered training to our fantastic colleagues over at [The Lesbian and Gay Foundation](#) and supported their efforts to better help gay and bisexual male victims of sexual abuse and rape; continued to provide a number of key front line services, with counselling and the Safe Room being the two busiest services; helped a number of people report the abuse they suffered to the Police; moved into our new shared office space at [Victim Support](#) (and opened our beautiful shared counselling room); were successfully

awarded £9,948 from [Health Form](#) as part of [The People's Health Trust](#), which has enabled us to produce the Survivors Manchester Guide to Survival (see our article below for further information); and our biggest supporters, the staff of [Zurich UK](#) through [Zurich Community Trust](#), have yet again amazed us with their continued commitment to helping us break the silence of the sexual abuse and rape of boys and men. If 2013 is only half as good as 2012, then it will be phenomenal.

Plans for next year are already underway. We hope to work more closely with our amazing friends at [Manchester Rape Crisis](#) to see how, as the two main voluntary sector organisations in Manchester working solely with sexual abuse survivors, we can combine our voices; We hope to begin to understand and address the under-reporting of male rape and sexual assault with our colleagues in [Greater Manchester Police](#); and with our tremendous board, we hope to secure funds that will enable us to continue to build on our success so we can meet the clear increase in demand for support and assistance.

Last week, The Psychological Edge course (see our article below) focused on gratitude and the course leader, Martin Robert Hall, asked us to think about who or what we are grateful for. There are so many people I'd personally like to thank for the help and support they have given me and Survivors Manchester but there simply isn't enough space so thank you to all of you out there that have helped us this year. I would, however, like to give a special mention to Matt Hartigan, Beth Saw, Nick Hoyle, Amelia Somerset, Mark Heaseman and the staff of Zurich across the UK who have been our biggest and most loyal supporters; along with Carol and all the teams at Victim Support.

But by far, the biggest thanks has to go to the boys and men who have contacted Survivors Manchester this year, wanting support. We know both personally and professionally just how difficult that is and what a challenge it can be and thank you for taking a chance on us. We sincerely hope that each and everyone has found our service to be both friendly and professional and welcome all comments because its only from hearing the praise and criticisms do we know what we are doing right and what we have done wrong. Please do send any feedback to info@survivorsmanchester.org.uk or if you would like to comment in confidence directly to the board, please do so by emailing board@survivorsmanchester.org.uk.

So on behalf of everyone at Survivors Manchester, we would like to wish you all a very merry christmas and a happy new year and see you in 2013!



Duncan Craig
Service Director



Survivors Manchester F.C - The BIGGEST name in football!

We're going football crazy, football mad!

What started as a fleeting comment by one of our service users which turned into a passing idea at a conference, is now a complete and utter reality. Survivors Manchester has formed its own five-a-side football team, complete with our very own Football Kit, sponsored by [Zurich Community Trust](#). Already, a number of the lads have been meeting each week and practising their skills down at



Our Book to Guide Survivors

and what an amazing guide it is! Over the last seven months, thanks to [Health Form](#) via [The People's Health Trust](#) and support from [Zurich Community Trust](#), over twenty male survivors from Manchester have been working hard on creating [Survivors Manchester Guide](#) for Survivors. As we draw close to the end of the project we are busy editing pages and collecting the last few pieces of text and images to send to Dave at [Jam Cre8tive](#) who is working his magic as usual. The completed pages that the

[Manchester Central Powerleague.](#)

But since Paul and Adam from [Zurich](#) (Manchester) suggested a regular Survivors Manchester vs Zurich Manchester friendly 'kick about', a competitive streak has emerged at this end and by 2013 we may just have the biggest football team in Manchester! We are aiming to use football to bring people together, raise health and wellbeing through exercise, and organise tournaments to raise funds for our services.

team have seen up to now really have blown us away. You can read all about the process we have gone through to create this guide by checking out the [Survivors Manchester Guide Diary](#) on our website. We cannot wait now to take delivery of the 3,500 guides, open one of the boxes from the printers and actually hold a copy of what has become a remarkable publication the we know will help boys and men break their silence. Look out for the finished guide in Jan/Feb 2013.



Thank You: Wish 2012

Survivors Manchester collects over 5,000 tokens!

Thanks to our friends and family, our amazing colleagues at [Victim Support](#) Manchester, staff at [Pannone LLP](#), and the amazing general public at large, we have collected an incredible 5000+ Manchester Evening News [WISH12](#)



We Have The Psychological Edge

Thanks to Martin Robert Hall (and Zurich)

Our fantastic supporters at the Zurich Manchester office, through [Zurich Community Trust](#), have done it again and enabled us to provide our service users with an amazing opportunity. [Martin Robert Hall](#) is a



Welcome to Lee Wakeham

Introducing Survivors Manchester's New Trustee

We are delighted to announce that at our recent board meeting on the 6 December, [Lee Wakeham](#) was welcomed onto the board of trustees. Lee has already played a major part in the Survivors Manchester story, having been a

Tokens and we're still counting! We have until 7 January 2013 to send all our tokens to the M.E.N and then the waiting begins to see how much of the £25,000 fund we have claimed, along with the other 270 charities and community groups. Every penny really does count and will go directly to supporting male survivors!

performance psychologist, motivational speaker and author of '[Optimize Yourself](#)'. As I write this newsletter, we are five weeks into Martin's ten week course and the lessons learned to date are transforming lives and I don't say that lightly. Look out for a full report at the end of January 2013.

founder member of the Expert Advisory Panel where he helped develop the strategic plan; and acted as a major advocate for the support of male survivors in other community settings. We'd like to publically welcome Lee and we are extremely confident that he will continue to be a great asset.

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